

CURRICULUM VITAE

SOPHIA WERDEN ABRAMS

Hamilton, Ontario, Canada

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EDUCATIONAL BACKGROUND

Degrees and Diplomas

- 2021-present PhD, School of Rehabilitation Science, McMaster University, Hamilton, ON
- 2020 MSc (Speech-Language Pathology), McMaster University, Hamilton, ON
- 2016 MMus (Choral Conducting), Memorial University of Newfoundland, St. John's, NL
- 2013 BA (Honours Music), University of Waterloo, Waterloo, ON

Qualifications, Licensures and Certifications

- 2021 SLP Registration (#7288), College of Audiologist and Speech Language Pathologists of Ontario

Specialized Training

- 2022-present Life-Threatening Illness National Group (LifTING) Health Research Training Program
- 2022 Dynamic Image Grade of Swallowing Toxicity (DIGEST) Certification
- 2021 Registered Modified Barium Swallow Impairment Profile Clinician

PROFESSIONAL ORGANIZATIONS

- 2021-present Dysphagia Research Society
- 2018-present Speech-Language & Audiology Canada
- 2018-2022 The Ontario Association of Speech-Language Pathologists and Audiologists

EMPLOYMENT HISTORY

Clinical

- 2021-present Speech-Language Pathologist, SL Hunter Speechworks, Burlington, ON
- 2020-present Clinical Research Assistant, Aging Swallow Research Lab, McMaster University, Hamilton, ON

Volunteer

- 2022-present Director, The Hamilton Parkinson's Chorus, McMaster University, Hamilton, ON
- 2022-present Facilitator, Canadian Dysphagia Support Group, Aging Swallow Research Lab, Hamilton, ON
- 2019-2020 Vice President, Class of

Other

- 2017-2018 Founder, Facilitator, & Choir Director, Aphasia Choirs of Burlington, Burlington, ON

HONOURS & AWARDS

2023-2026	Alzheimer Society Doctoral Award
2023	Faculty of Health Sciences Graduate Programs Outstanding Achievement Award
2022	Professional Development Award, MIRA
2022	Gold award (first prize), MIRA Knowledge Exchange Poster Competition (Master's Category)
2022	Canadian Graduate Scholarship-Masters, Canadian Institute of Health Research
2021	Ontario Graduate Scholarship, McMaster University
2020	Clinical Achievement Award, Speech-Language Pathology Program, McMaster University
2020	Elks and Royal Purple Fund for Children Scholarship, Speech-Language & Audiology Canada
2016	Dr. Tom Gordon Award, Memorial University of Newfoundland
2014-2016	Fellow of the School of Graduate Studies, Memorial University of Newfoundland
2009-2013	Jean Caya Entrance Scholarship, University of Waterloo, Conrad Grebel University College
2009-2013	Queen Elizabeth II Aiming for the Top Award, Ontario Ministry of Training, Colleges and Universities

TEACHING

School of Rehabilitation Science, Speech-Language Pathology, McMaster University

2023	Problem Based Learning Tutor, Unit III
2023	Graduate Teaching Assistant, Inquiry Seminar, Unit II, SLP 724
2022, 2023	Guest Instructor, Introduction to Swallowing Evaluation, Unit II, SLP 723
2022	Graduate Teaching Assistant, Inquiry Seminar, Unit I, SLP 714
2022	Guest Instructor, Pharmacy Interprofessional Experience, Unit IV
2022	Remediation Tutor, Dysphagia, Unit V

PUBLICATIONS

Werden Abrams, S., Chan, S. J. H., Sikand, J., Wilkie, H., & Smith, K. (2021) Dysphagia in oculopharyngeal muscular dystrophy: A rapid scoping review. *Perspectives, SIG 13 Swallowing and Swallowing Disorders (Dysphagia)*, 6(6) 1649-1660. https://doi.org/10.1044/2021_PERSP-21-00070.

Riquelme, L.F., Diab, S., Horycheva, A., Huribal, I., Shellerud, A., **Werden Abrams, S.** & Namasivayam-MacDonald, A. (2022) Speech-language pathology management for adults with COVID-19 in the acute hospital setting: What do we know? *OBM Integrative and Complementary Medicine, Special Issue: Swallowing Rehabilitation and Management in Older Adult*, 7(3). <https://doi.org/10.21926/obm.icm.2203036>

Werden Abrams, S., Keller, H., Carrier, N., Lengyel, C., Slaughter, S. & Namasivayam-MacDonald, A. (2023) Factors associated with resident intake of thickened liquids in long-term care. *Perspectives SIG 13 Swallowing and Swallowing Disorders (Dysphagia)*. https://doi.org/10.1044/2023_PERSP-22-00254

*Gibbons, T., **Werden Abrams, S.**, Mohsin, N., Guastella, R., Oppedisano, S., & Namasivayam-MacDonald, A. (2023) A pilot assessment of concurrent validity and comparative reference values for the Tongueometer tongue pressure manometer. *Perspectives SIG 13 Swallowing and Swallowing Disorders (Dysphagia)*.

https://doi.org/0.1044/2023_PERSP-22-00188

Werden Abrams, S., Gandhi, P. & Namasivayam-MacDonald, A. (2023) Adverse effects of consuming thickened liquids in adults: A systematic review. *American Journal of Speech-Language Pathology*.

Werden Abrams, S., Petersen, C., Beall, J., Namasivayam-MacDonald, A., Choi, D. & Garand, K. L. (2023) Factors influencing laryngeal vestibular closure in healthy adults. *Journal of Speech, Language, and Hearing Research*.